

**KENTUCKY COMMISSION ON WOMEN  
LAKE CUMBERLAND REGIONAL MEETING  
Hosted by Lindsey Wilson College  
Tuesday, April 25, 2006**

Regional Coordinators: Dr. Wendy Benningfield, Kendra Leveridge  
Guest Speaker: Mr. John Musterman, Community Trust Bank  
Total Number of Participants: 25

**EQUITY**

Chair: Melissa Feese

**GOALS:**

Training/Education for eligible workers  
Identify available jobs – work with businesses  
Identify available jobs suited for specific individuals  
Find a way to channel women workers away from public funds  
Economic Committees – develop county-by-county job database

STAR Priority Programs:

Equity – EQ-B.5; EQ-C.1

**ECONOMIC SUFFICIENCY**

Chair: Darryl McGaha

**GOALS:**

Training and educating persons who could be qualified for positions  
Know job openings (maintain contact with businesses)  
Tie personal interests with job  
Get women away from public funds and into training/vocational schools  
Get teens who are drop outs into training programs  
Convince younger generation that SSI check isn't good enough – need an education  
Expose children to non-traditional women's jobs  
Help children find what their interests and talents are at a young age

STAR Priority Programs:

Economic Sufficiency – ES-A.1; ES-B.5

**HEALTH AND WELL-BEING**

Chair: Tracey Aaron

**GOALS:**

Programs to raise self-esteem  
Pregnancy crisis center in Adair Co.  
Offer parenting classes  
Make emergency contraceptives available to sexual assault victims  
More advocacy for Domestic Violence

Make sure low-income women know about free contraceptives at Health Departments

STAR Priority Programs:

PALS Mentoring Program (through local school systems)

### **EDUCATION**

Chair: Missy Arnold

GOALS:

Let women know about available resources (such as daycare) so they can go to school

Get mentors to promote self-esteem

Inform women about scholarships/grants available to math and science majors

Girl Power program

STAR Priority Programs:

PALS Mentoring Program (low self-esteem is the root of so many problems, and if mentoring and encouragement is given at a young age, it can prevent many problems that females face)

### **LEADERSHIP**

Chair: Denise Fudge

GOALS:

Have encouraging speakers speak to larger groups

Make leadership key in many areas

Make businesses more aware of needs

Raise self-esteem

Have internships, job shadowing, and practicums with leaders

STAR Priority Programs:

PALS Mentoring

Inspirational female speakers for large groups